



“Name that Neighborhood” We think of Eastside Meals on Wheels as a Minneapolis service but this landmark church is a neighbor to the east - can you name it? See Page 2 for the answer.

612-277-2529

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eastsidemeals.org

Serving meals and smiles to our neighbors in NE and SE Minneapolis and St. Anthony Village



### “Meet Brian”

A desire to honor the legacy of a parent prompted Eastside Meals on Wheels (EMOW) volunteer Brian Neurauder to follow his mother's example of selfless commitment to others.

Neurauder mother, Dolores, passed away in 2003. One thing he remembers about his mother was her community involvement.

She would drive people to the doctor and perform other acts of kindness. And this was not lost on her son.

"To remember her, I thought I should do something like that," Neurauder, a resident of New Brighton, said.

To make good his resolve, Neurauder turned to Meals on Wheels. One attraction was that Meals operated out of a church close to work. Getting there would be easy. And making food deliveries was the kind of thing his mother would have done.

Every Tuesday, for more than a decade, Neurauder has picked up approximately six meals and makes his EMOW rounds. He has had basically the same route for years so he can complete his route in about 30 minutes. Although he does not necessarily spend a lot of time at the door conversing with EMOW customers, there are routines.

"One guy always wants to talk about the weather," Neurauder said.

For someone who has made EMOW deliveries for so long, Neurauder actually has had limited contact with fellow volunteers, because when he comes at 11:15 a.m. to pick up his deliveries, his eager colleagues have already picked up theirs and are on the road.

A bicycling enthusiast — Neurauder will ride his bike to work at Flaire Print Communications from home — and in good weather will don helmet, secure the meals, and make his EMOW deliveries by bike.

"It's good for the environment, good exercise," he said of pedal deliveries.

And it only takes about ten minutes more than delivering by car, Neurauder explained. He can take short cuts by bike that might earn him a traffic ticket if executed behind the wheel.

Neurauder had done more for EMOW than faithfully make deliveries. For a time he served as a EMOW Board Secretary.

Neurauder, 47, grew up in Stillwater. He came to the Twin Cities as a university student and his work in the family business and other ties has kept him in the area.

But it's honoring the memory of a beloved parent that has him driving, and pedaling, a familiar route once a week.

It's a legacy Neurauder not only honors but lives.

### Holiday Schedule

EMOW will be closed on Monday, February 20, 2017, for Presidents' Day. Your meals will be delivered on Friday, February 17, 2017.



You can watch KARE 11 or WCCO for the announcements when EMOW will be closed due to inclement weather.

### Free Tax Help for Seniors

~ If you need help with your taxes, contact Eastside Neighborhood Services at 612-781-6011. They take walk-ins or you can schedule an appointment.



Eastside Meals on Wheels is registered as a nonprofit with AmazonSmile. Every time you or a friend orders from Amazon in our name, EMOW is given 0.5% of the purchase price! Go to [www.smile.amazon.com](http://www.smile.amazon.com). Sign-in using your Amazon ID and password, choose EMOW as your organization and start shopping! Amazon takes care of the rest. The next time you log in, it will automatically ask you if you want to go to AmazonSmile!

## Metro Paint-A-Thon: Applications Available

The Greater Minneapolis Council of Churches is now accepting applications for the **2017 Metro Paint-A-Thon**. The program helps low-income seniors and people with permanent physical disabilities continue to live independent in their own homes. A volunteer team is matched to scrape, prime, and paint the exterior of eligible homes and garages as volunteer teams are available, thereby keeping it well-maintained, beautiful and an asset to the neighborhood. All of this done at no cost to the homeowner.

For eligibility details and an application, check their website at <https://www.metropaintathon.org/homeowners-eligibility/>.



### ENERGY ASSISTANCE

### GET HELP WITH YOUR UTILITY BILLS -

If you or someone you know is in need of additional assistance paying for heating and energy bills, the Energy Assistance Program may be available. This program, offered through the MN Dept. of Commerce, will help pay home heating costs and furnace repairs for income-qualified households. For more information and to apply, call 1-800-657-3710 or go online <http://mn.gov/commerce/energy/consumers/consumer-assistance/energy-assistance/>.



**Snow Shoveling:** Please keep your sidewalks clear of snow and ice for our volunteer delivery drivers! If you need help shoveling your walkway, please contact Northeast Senior Services at 612-781-5096.

**ANSWER: Name that Neighborhood:** The picture shows St. Charles Borromeo Catholic Church in St. Anthony Village, a Minneapolis suburb with many EMOW volunteers and clients.